

Greek Yogurt Peanut Butter Fruit Dip



Ingredients

- Two 6 oz. containers of plain Greek yogurt
- 1/2 cup peanut butter (or any other nut spread)
- 1 tablespoon honey or maple syrup

Directions

- Add all ingredients to medium bowl and beat with a hand mixer until smooth and creamy.
- If mixture is too thick add a splash of milk or cream to loosen.
- Serve with fresh sliced fruit, pretzels, graham crackers or granola clusters.
- Store in an air tight container in the refrigerator for up to 5 days.