

# The Best Salad Dressing

A close-up photograph of a vibrant green salad dressing in a dark blue bowl. The dressing has a smooth, creamy texture. In the foreground, a portion of a fresh salad is visible, featuring leafy greens, shredded carrots, and purple onions.

**Prep time: 10 minutes**

**Makes 2 cups**

## Ingredients

- $\frac{1}{4}$  cup fresh tarragon
- $\frac{1}{4}$  cup fresh basil
- $\frac{1}{4}$  cup fresh parsley
- $\frac{1}{4}$  cup green onion
- $\frac{1}{2}$  cup powdered sugar
- 2 teaspoons honey
- 1 avocado
- 1 teaspoon garlic chili sauce (sambal oelek).
- 2 cloves garlic
- 3 table spoons red wine vinegar.
- 6oz. plain Greek yogurt
- $\frac{1}{4}$  cup of water

## Directions

- Place all ingredient except the water in a blender or food processor and blend until smooth, dressing will be thick so add water until desired thickness.

MORE RECIPES AT  
[RETREATWHEREYOUARE.ORG](http://RETREATWHEREYOUARE.ORG)